

# THE FORERUNNER

VOLUME XXVII NUMBER 2      FEBRUARY 2011

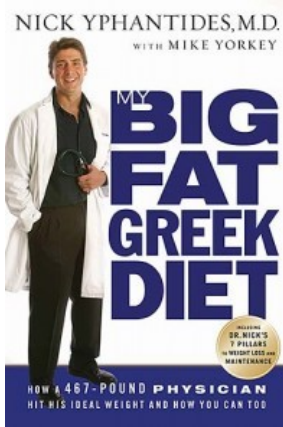
## LOOSING WEIGHT AND SAVING YOUR SOUL IN THE PROCESS

There is no secret that I could loose some weight. I'll admit it. Getting back into my ideal measurements is as much of a challenge for me as for anyone despite the claims of the insatiable industry that has developed behind this apparently simple goal. From the classical low calorie diet to the latest fashion in Hollywood dieting, we are sold out of the box, unfailing solutions that will miraculously make us loose those unsolicited extra pounds. But they all fail in most people with, of course, some notable exceptions.

I always wondered why this is and couldn't find a satisfying answer until a few days ago when I stumbled over a book written by a "diet survivor" that was able not only to shake off 267 pounds but he also managed to keep them off. I knew that any decent diet has its share of "tall" stories, but this one however was different. Dr. Nick Yphantides, a huge baseball fan, drove a Chevy van for eight months across the United States, visiting every Major League baseball park while living off protein shakes and diet drinks. That's how he lost 267 pounds. Wow!

I would not personally recommend this exact solution as a template for dieting but there is a remarkable morale here that the author himself draws: "Dieting alone will never keep the weight off. It's an entire mindset—a way of life—that must be put into practice permanently."

This was my answer: you have to change more than the food to remain healthy for the rest of your life. This is not about what you eat but how you relate to food. Before his journey, for Nick food was a top priority but, during his "pilgrimage" as he calls it, he concentrated more on



(Continued on page 3)

## COUNCIL CAPSULE

A special Parish Council meeting was held in January to elect your new officers for the year. They are Barbara Vittas, President, Nancy Medvic, Vice President, Robert Steffaro, Treasurer and Karen Kinman, Secretary. Congratulations to you all. We have a very exciting and important year ahead of us and I'm sure I can speak for the entire Parish Council in saying we will do everything we can to serve the community of St. John's to the best of our ability. If anyone has any questions or comments, please feel free to speak to any council members. Our meetings are always open to any observers who may wish to be present.

We have scheduled our Spring General Assembly for Sunday, February 27th. Please mark the date on your calendar and plan on staying after liturgy. Joe Sullivan, our Building Committee Chairman and George Vittas, Capital Campaign Chairman will have important presentations on what is currently transpiring with the construction and plans for the continued growth of our

(Continued on page 2)

## SPECIAL POINTS OF INTEREST:

- 2011 Stewardship info
- Loosing weight and saving your soul in the process
- Gladsome Light Dialogues Temptations of the Youth
- New Church Construction updates
- GOYA Basketball Tournament
- Church Events Calendar
- From the Desert Fathers

## INSIDE THIS ISSUE:

CAPITAL CAMPAIGN	2
CONSTRUCTION NEWS	3
GOYA NEWS & BASKETBALL TOURNY	6 7
STEWARDSHIP	4
PHILOPTOCHOS SCHOLARSHIPS	9 10
CALENDAR	11

## COUNCIL CAPSULE



*(Continued from page 1)*

Capital Campaign Fund so that we will soon be able to complete our church and hold services in our beautiful new edifice.

After much review, it was decided to have our monthly

newsletter, **The Forerunner**, go out to everyone electronically starting with our March issue.

All during February, there will be a sign up sheet in the Narthex for those of you who are not able to access your newsletter on line. Please let a

council member know and a copy will be mailed out to you.

Barbara Vittas

Parish Council President

## FINANCIAL REPORT YTD THRU 12/31/10

	2009	2010	Budget
Stewardship	123,086	123,319	147,632
Total Income	157,787	155,017	174,736
Expense	156,810	165,965	153,634
Variance	(3,423)	(13,841)	(21,102)

IF YOU HAVE NOT YET MADE YOUR PERSONAL OR FAMILY COMMITMENT TO THE CAPITAL CAMPAIGN, NOW IS THE TIME.

## CAPITAL CAMPAIGN COMMITTEE REPORT

The Building Committee headed by Joe Sullivan concluded the contractual agreement with Aston Wynne for construction of the new church and the contract was signed into force by our Parish Council President on December 12, 2010. By about mid-year 2011 the structure and finished exterior of the church will have been completed. Through the commitments of many parishioners, the Capital Campaign Fund contains the cash necessary to complete this first stage of construction. In addition, a contract has been signed and initial payments made for the design and construction of the iconostasis, the painting of icons for the iconostasis and the painting of an iconographic mural on the Altar Apse. These are long lead time items, some

of which must begin design and painting early in 2011 in order to be ready for installation upon completion of the church interior. In particular, the iconostasis will be a stunning work of Orthodox design using hand cut natural limestone with mosaic inlays and the icons installed in wooden panels. Metropolitan Isaiah has approved the iconostasis and iconography concepts which have been developed by Father Vasile in coordination with our iconographer, Vladimir Grygorenko.

Your Capital Campaign Committee is now turning towards the task of raising the balance of funds needed to complete the church interior and related site improvements on our property. Approximately one-half, only, of our parishioners

have committed close to 75% of the funds needed to complete the project and many have already made substantial payments on their commitments. With that record of parish commitment to date, we are hopeful others among our fellow parishioners will also now join in supporting this historic undertaking.

As a Parish, we are on the way to bringing the vision of "Building Our Future" to reality. If you have not yet made your personal or family commitment to the Capital Campaign, now is the time. Please see any member of the CCC for a commitment card... If you have already made your personal or family commitment, please strive to make

*(Continued on page 8)*



## LOOSING WEIGHT AND SAVING YOUR SOUL IN THE PROCESS

*(Continued from page 1)*

his passion for baseball and food became something secondary. This is the key, to find that passion that will take you away from what drags you down and will allow you to develop into something else: slimmer, healthier, better. It is a change of mindset, it is a re-evaluation of priorities and in the end it is a re-birth.

We can also apply this to our life in Christ. The various spiritual exercises recommended by our Holy Tradition like fasting, prayers, attending long services, prostrations, all night vigils and so on are perceived by some today like a hard and unnecessary diet. Many would rather enjoy the easy to grab junk culture served in a shiny

package by the secular world.

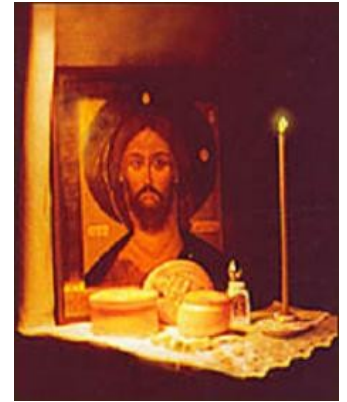
This phenomenon is what happens in failed dieting. We give too much attention to the sweet things that will make us heavy and will deem us more material than spiritual because it is hard, if not impossible, to give up things that you like for things that you don't.

The only solution is to completely change our lives, to shake it from the ground and rebuild a new system of values. We have to develop a taste for our spiritual life so that the means to achieve it, the spiritual "askesis", will cease to be considered harsh and unnecessary but on the contrary, helpful and enjoyable. An elder said once that a true spiritual man not only follows the commandments but is even willing to try

any good advice that could bring him closer to God. If one can reach such a stage then the long services will not be boring anymore, but they will be opportunities to enjoy the presence of God, the long prayers will not be a burden but an extraordinary chance to develop a relationship with God, fasting will cease to be diet but a liberation from the material that opens countless spiritual gateways.

We have to give our lives such a purpose that will deem all the trivial things that were important for us today secondary in our new life tomorrow. This is what the repenting thief on the cross has done, and St. Mary Magdalene, and the Holy Apostle Peter after he denied Christ

*(Continued on page 8)*



“ASHTON WYNNE HAS FINALIZED THE EARTHWORK COMPACTING THE SOIL. CONCRETE WORK WILL FOLLOW”

## BUILDING COMMITTEE REPORT

Ashton Wynne has finalized the earthwork compacting the soil and bringing the pad up to the proper grade.

Pier location and the retaining wall along the creek area has been laid out and the concrete subcontractor mobilized in January to prepare for the pier installation and foundation.

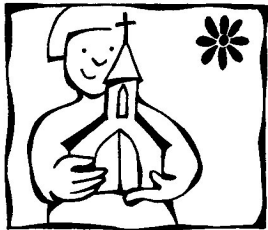
Concrete work will require approximately 4 weeks to complete (pending weather conditions) resulting in a finished foundation. Ashton Wynne is in the process of ordering the steel members and will begin erecting the steel structure upon completion of the building foundation.



Copyright 2008 St. John the Baptist Greek Orthodox Church

The Building Committee is conducting a meeting on January 27<sup>th</sup> to review and select exterior finishes, which we plan to have available for parishioners to view upon final completion.

Joe Sullivan – Building Committee Chairman



## STEWARDSHIP NEWS

We're off to a good start in 2011. As of 1/18/11 we have **65 pledges** for a **total of \$122,324**. Our **goal** this year is **\$175,000**.

We thank those who have already pledged and we ask those who have not yet made a commitment to please do so as soon as possible. The church

needs your help!

**REMEMBER:** *If your intention is to be a pledged member of St. John, a new card must be submitted each year.*

***Please submit your 2011 card today!***

IF YOUR INTENTION IS TO BE A PLEDGED MEMBER OF ST. JOHN, A NEW CARD MUST BE SUBMITTED EACH YEAR.

## 2011 STEWARDS

Alexander, Leo & Teresa

Anderson, Dr. Anthony

Arlington, Linda

Ball, David

Ballas, Andy & Pat

Beebe, Sharie

Began, John

Berca, Sorin & Carmen

Blake, John & Harriett

Bogdos, George & Sotera

Bogordos, George & Kasandra

Brandon, Roberta

Cline, Tim & Angela

Cramb, Kristina & Kathy

Cramb, Matthew

Dempsey, Walt & Dorothy

Eftimie, Michael

File, Russ & Hope

Fondulis, Paul

Forcum, Ana

Fox, Mike & Kathy

Gavras, Billie

Geil, Chris & Sandra

Genovezos, George & Olympia

Gigliotta, Leonard

Grumbos, Dr. Peter

Hooe, Jane

Johnson, Marshall & Velva

Karegeannes, Harry & Ginny

Katsikas, Constantinos

Kerbow, Joe & Maria

Kinman, Buck & Karen

MacPherson, Doug & Andi

Manos, George & Vicki

Matheson, Trevor & Sherri

Mavias, Michael & Mary

Medvic, Allison

Medvic, Nancy

Mihalakeas, Andreas & Laura

Morcovescu, Serban & Anca

Moutafis, George & Khanh

Naval, Marc

Nicholas, Toni

Nugent, Phyllia

Pachares, Tony & Athena

Papadopoulou, Olga & Theoni

Papaliadis, Louie

Petercsak, Steve & Esther

Peters, Paun & Lynn

Plock, Eleni

Poletes, Bill & Rena

Poriotis, Michael

Poriotis, Terry & Gail

Rafailedes, Connie

Ruppel, John & Joanie

Russo, Joseph & Athena

Samaras, Johnny

Steffaro, Bob & Karen

Sullivan, Charles & Ann

Sullivan, Joe & Nina

Talleos, Peter

Tudora, Fr. Vasile & Pres. Mirela

Vittas, George & Barbara

Wright, Bill & Christine

Zingas, Ari & Olga



## CHOIR NOTES—“SINGING IS BELIEVING”

### THE ROLES AND RESPONSIBILITIES OF CHOIR MEMBERS

Participating in divine worship services as a choir member is a sacred responsibility, not to be taken lightly. Choir members, as other church musicians, offer their God-given talents to the faith for a variety of reasons. For most, it is a part of their stewardship – the giving of their “time and talents.” For others, it is something that is enjoyed and for still others, it is a social outlet. In Orthodox services, choir members represent the laity, responding to the liturgical dialogue set by the priest. This places a sacred responsibility on

them during our worship services. They are called to be knowledgeable not only of the hymns and responses, but also about the correct order of the worship services. The choir is entrusted to be a participating part of the worship service and its members must respond to that trust accordingly. As St. John Chrysostom writes, “*When we sing church hymns, we must be careful that we do not pronounce only the words with our tongues while our hearts wander elsewhere.*” Every hymn, every phrase, every verse of the church service must be rendered clearly and fittingly. This requires singers who are inwardly committed not just to

the music, but also, and primarily, to the Faith. There are various aspects of being a choir member – most importantly, there is a liturgical role and, of course, there is a musical role. But also, there are outreach and educational roles that are important to the work of being in a choir. With dedication, choir members, even though volunteers, should be able to commit to the following roles and accompanying responsibilities. “I will pray with the spirit, and I will also pray with the mind also. I will sing with the spirit, and I will also sing with the mind also.” [1 Corinthians 14:15, RSV].



## BECOMING A STEWARD IN 2011

**On Sunday November 14, 2010 we held our annual stewardship Sunday.** It was for all a moment of reflection about our contribution to the Church for the year to come. Many thanks to all that participated and became stewards of our church.

Of course not everyone had an opportunity to come, but it is not too late! So here is some information on what it means and why is important to become a steward.

You become an Orthodox Christian Steward by giving yourself to Christ, by participating in the Sacramental Life of the church and by giving of your Time, Talent and Treasure; all of which require commitment. A commitment to worship, to attend liturgy and to pray regularly, a commitment to be an active part of your church community giving

of your time and talent, and, yes, a commitment to give back a portion of the treasure God has given you – a financial commitment.

A written statement of your intentions is just one of the things that will help you feel committed to Christ and His Church. If we submit nothing in writing it is easy to just walk away and become a spectator. If, however, we have committed to help support the church, we feel an obligation to do so. That commitment comes by way of our Stewardship Commitment Card.

Filling out a Stewardship Card enables the church to keep a record of the number of parishioners in our congregation, to update addresses and phone numbers that are needed for various purposes and to assess the talents of our parishioners to be utilized when needed.

The card is absolutely necessary to determine expected income for budgetary reasons and to create a list of church members who are eligible to vote, serve on the parish council, hold an office, share their talents etc.

So, please, don't stand on the outside looking in. Become an active part of St. John the Baptist community for 2011.

New cards are available in the pews and in the narthex.

Don't be afraid; the card is not a contract, but a promise of intentions. And remember: If your intention is to be a pledged member of St. John, a new card must be submitted each year.

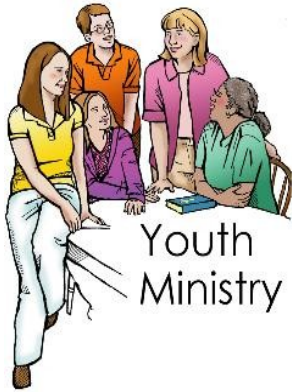
We appreciate everyone's understanding and cooperation in helping to make the stewardship process more meaningful and efficient.

BECOME AN ACTIVE PART OF ST. JOHN THE BAPTIST COMMUNITY FOR 2011 BY FILLING A STEWARDSHIP CARD



Make your talent grow today

## YOUTH MINISTRIES IS ON THE MOVE (CONT. ON PAGE 9)



Please read all the articles dealing with our parish youth activities in other parts of this Foreunner. There should be no question about the good things our youth are involved in...and needless to say, we are

very proud of them and those who mentor them!

**NOTE TO PARENTS OF 2011 HIGH SCHOOL GRADUATES:** We will need the baptismal name of each student as we wish to expand

our gift to them using this information. I ask that you contact me with that information. Thank you so much.

Athena Pachares, Y.M. Coordinator

THE SUNDAY SCHOOL TEACHERS DECIDED WILL BEGIN A STEWARDSHIP PROGRAM DESIGNED TO TEACH OUR CHILDREN THE VALUE OF CHRISTIAN STEWARDSHIP.

## CHURCH SCHOOL STEWARDSHIP

This year the Sunday School teachers decided to begin a stewardship program for our youth. This program was designed to teach our children the value of Christian Stewardship. Much like the adults, the children filled out a pledge card. The intent was to instill a sense

of giving to the church from an early age. Through the end of May, twenty of our children donated a total of \$209. Although only approximately one-third of our students committed this year – it's a start. We look forward to better participation next year. The children

have received their new cards on Stewardship Sunday, November 14. Most of the commitments received this year were from the younger students. We would like to encourage our pre-teen youth and GOYA to also become active members in 2011.



## GOYA BASKETBALL TOURNAMENT-KATIE MOUTAFIS

The GOYA went on a trip to Oklahoma City for the MLK weekend. It was for the Denver Metropolis basketball tournament. Over 900 kids attended from across the Metropolis. We drove up on Friday night and when we got there dumped all our stuff in the hotel room and went to a social! It was really fun! The next day was game day, and we had to wake up really early to make the boy's 8am game! We stayed up late and woke up early (not a smart thing to do!) The boys played 3 games

(1-2) and the girls played 2 games (0-2). Both of our teams had St. Demitrios GOYAns. We hung out with them all weekend and went to the socials with them. We all had a really great time! On Sunday the Metropolitan gave the service and priests, deacons and acolytes from all around the metropolis helped him. It was a great service, although I was missing the choir. J

A special thanks to Mr. and Mrs. Joe Sullivan for driving us every-

where! And many thanks to Gina Poulakos, Elena Bouras, Becky Blake, Michael Poriotis, Chris Blake and Danny Peters for coaching us! We would also like to thank the people who have generously donated to the many fundraisers allowing us to go! Next year's tournament will be in Dallas so we won't have to go far!

To bring in the New Year, we will be having a spaghetti luncheon on January 30<sup>th</sup>! Come and have a great meal!



## CHURCH SCHOOL NEWS

Dear Students and Parents,

This month the Middle School and Teen classes will focus on preparing for the Oratorical Festival. Encourage your teens to participate in the local Oratorical Festival.

Sunday February 13<sup>th</sup>, our focus will be on giving, in particular giving to our soldiers who are departing for the Mid-

dle East. If you could select a few items from the list we'll send home, provided by the USO website, and bring them to church, that would be great. The website says travel-sized toiletries are needed - shaving cream, deodorant and toothpaste are the "hot ticket items" as well as beef jerky and chocolate bars. Following church, we will deliver the items to

DFW Airport, Terminal B, Gate 15. We ask that you join us at the airport to help distribute goodies to the soldiers as they board the plane.

February Birthdays:

Chris Henry	14-Feb
Alex Genovezos	21-Feb
Demi Pursley	24-Feb



Christ teaching in the Temple

## GOYA NEWS

The GOYA had an event-filled weekend with 17 Goyans / Advisors participating in the annual basketball tournament in Oklahoma City from Jan 14-17<sup>th</sup>. Several parents from St. John's, including Fr Vasile and Presbytera Mirela, attended the games to cheer on our Senior Boy's and Junior Girl's teams. Our own Yanni Noulas won the Boys' "knockout" exhibition contest on Sunday; Demi

Pursley won team MVP with Katie Moutafis and Peter Pursley receiving Most Enthusiastic player recognition. Thanks to everyone who has supported GOYA throughout the year! Next year's tournament will be held in the Dallas area.

**Senior Boys Team:** Philip Sullivan, Peter Pursley, Yanni Noulas, John Molhoek, Ben-

nett Kerbow, Savvas Zingas

**Junior Girls Team:** Maria Tudora, Athena Adaska, Demi Pursley, Katie Moutafis.

**Coaches:** Elena Bouras, Gina Poulakos, Chris Blake, Michael Poriotis.

**Cheering Section:** Maggie Molhoek, Becky Blake, Danny Peters.

WE WOULD LIKE TO THANK THE PEOPLE WHO HAVE GENEROUSLY DONATED TO THE MANY FUNDRAISERS ALLOWING US TO GO AT THE BASKETBALL TOURNAMENT





## LOOSING WEIGHT AND SAVING YOUR SOUL IN THE PROCESS

(Continued from page 3)

three times. This is what God wants from all of us "Have I any pleasure at all that the wicked should die? saith the Lord GOD: and not that he should return from his ways, and live?" (Eze 18:23)

This turning around of our priorities, this re-evaluation of our entire worldview needs to happen in order for someone to

be changed. This is what the church calls repentance. But repentance should not be considered a unique moment of conscience, but a life long process. A singular thought of remorse will not be enough; it has to be followed by a consistent effort of moving away from sin and stepping into virtue. One has to loose the world in order to gain his soul.

This is not easy to achieve. As

in the case of dieting, living a life centered on Christ may seem hard and demanding to the casual observer that only likes the idea but contend himself with a bystander role. But for those that have chosen to be engaged in the process of their salvation, for those that have abandoned the world, as they knew it and stepped into the kingdom it is freedom, joy and life everlasting.

THE ONLY SOLUTION IS TO COMPLETELY CHANGE OUR LIVES, TO SHAKE IT FROM THE GROUND AND REBUILD A NEW SYSTEM OF VALUES.

## FROM THE DESERT FATHERS—PICKING AND CHOOSING

One of the fathers declared that there are three worthwhile aims for monks to pursue with fear and trembling and spiritual joy: sharing in the holy Sacraments, breaking bread with the brethren, and washing the brethren's feet.

He told the following story as an illustration:

There was a certain old man who was a seer, and it happened that he was sharing a meal with some of the brothers. And as they were eating this old man saw in the spirit that some of those at the table were eating honey, others bread, and others filth. And he

marvelled and prayed to God, saying, "Lord, reveal this mystery to me, that whereas the same food is put before all of them on the table, yet as they eat it seems to be changed, and one eats honey, another bread, and yet another filth."

And a voice from above came to him, saying, "Those eating honey are those who eat at the table with fear and trembling and thanksgiving, and pray without ceasing. And their prayer rises up before God as the incense.

And so they eat honey. Those who eat bread are those who simply perceive the gifts of God and give thanks for them. But those eating filth are those who pick and choose, saying 'This is all right but I don't like that'. They ought not to think like that but rather glorify God and offer him praise, so that there may be fulfilled in us that which is written, 'Whether you eat, or whether you drink, or whatever you may be doing, do all things to the glory of God.'



## CAPITAL CAMPAIGN (CONT)

your payments as timely as possible under the terms you have set for your commitment, or earlier if possible. We will need to demonstrate dependable cash flow from our committed contributors in order to be able to continue and complete construction.

**All of our parishioners should want to participate in this**

**historic endeavor and, when we are done, share in offering glory to God for what we, together, each and every one of us as a Greek Orthodox Community, have accomplished as our legacy and our gift to the future generations of St. John the Baptist here**

**in the Dallas/Fort Worth Metroplex.**

Your Capital Campaign Committee - Paun Peters, Dr. Chris Yiantsou, Nancy Medvic, Louie Papaliodis, Margaret Chokas, George Vittas...

Don't forget to visit our website at [buildingourfuture.stjohndfw.info](http://buildingourfuture.stjohndfw.info)



## PHILOPTOCHOS NEWS

Greetings,

Hope you all have had an opportunity to get back into the swing of things in January. It seems as if it takes an entire month to recover from the holidays. We hosted our Annual Vasilopita Auction in January and were able to raise \$1000 to send to St. Basil's Academy. Thank you to those who supported this fundraiser. St. Basil's Academy survives solely on events like this to meet the needs of its students. Please join us for our Valentine's Day Luncheon. St.

Irene's will host this immediately following Liturgy on Sunday, February 13, 2011. Details will follow in an email and hand-out each Sunday as well as the Forerunner. Please plan on attending, we expect a good crowd and as usual the food will be mouthwatering, so please make reservations early.

Our monthly meeting is scheduled for February 20, 2011 immediately following services in our conference room. We will be hosting our Membership Tea along with a guest speaker. We hope to see you

all there.

Due to the diligent efforts of several individuals we now have our Chapter's dates, times, forms and information on our Philoptochos page at: <http://www.stjohndfw.info/philoptochos.html>. Please reference this page for any and all information regarding dates, events, meetings, calendars and of course we welcome your comments as well.

With Christ's Love,

Bertha



St. Irene The Great Martyr

## ST. IRENE PHILOPTOCHOS SCHOLARSHIP

Applications for the St. Irene Philoptochos Scholarship are now available. The scholarship is given each year to a graduating high school

senior entering an institution of higher education (two-year, four-year or trade school) as a full-time student.

Please contact Harriet Blake (214-995-4290/682-223-1344/email: [hlblake@aol.com](mailto:hlblake@aol.com))

*APPLICATIONS  
FOR THE ST.  
IRENE  
PHILOPTOCHOS  
SCHOLARSHIP  
ARE NOW  
AVAILABLE.*

## SHOES FOR ORPHANS AND WOMEN'S SHELTER

The Shoes for Orphan Souls still need your help. They are over 10,000 pair of shoes short. They help children all over the world. Pick up shoes for Children also socks. These items need to be NEW....

The Women's Shelter needs our help as well. Mothers and children come to the shelter with what they have on their back's. Here is a list of items:

- New Ladies & children's shoes
- New ladies bras & underwear
- Winter scarf's, hats, gloves for women and

children

- Winter coats for women and Children
- New bath towels & washcloths
- New white twin sheets & pillowcases
- New socks (infants, children, ladies)
- New children's underwear
- New Make-up
- New bottles of shampoo and conditioners
- New baby bottles brushes, powder, and lotion
- Toothpaste, toothbrushes, & mouthwash
- New hairbrushes and

combs

- Deodorant, women's hair accessories & hand lotions
- New Toys
- Any kind of school supplies

Keep this list with you always and if there are any changes a new list will be made and an announcement will be made. Thank you for your help.





*2011 MID-CITIES  
GREEK FOOD*



*FESTIVAL  
CHAIRPERSON OR  
PERSONS  
NEEDED !!*

AGELESS WONDERS

The Ageless Wonders will Meet on Tuesday, February 15th, 2011, for lunch and a movie. Save the date and you'll be contacted for details. Please keep Toni Nicholas in your prayers!!!!.

Margaret 817-354-7731

GLADSOME LIGHT  
DIALOGUES

Gladsome Light Dialogues will pause in February for the House Blessings Season but will be back in March with a new theme dedicated to *"The temptations of the youth"*.

We will cover in a series of interactive meetings the main topics that affect a young person's life from a Christian Orthodox Perspective, .

The schedule will be communicated shortly

Don't forget to visit our blog at <http://dialogues.stjohndfw.info>

USHER SCHEDULE

1<sup>st</sup> Sunday: Barbara Vittas, Bob Steffaro

2<sup>nd</sup> Sunday: Hope File, Rag Shah

3<sup>rd</sup> Sunday: Harry Karegeannes, Karen Kinman

4<sup>th</sup> Sunday: Michael Eftemie, Nancy Medvic

5<sup>th</sup> Sunday: Allison Medvic, Terry Poriotis

ACOLYTE SCHEDULE

1<sup>st</sup> Sunday : Phillip Sullivan, Alex Genevesos, John Molhoek, Bennet Kerbow

2<sup>nd</sup> Sunday : Chris Eftemie, Ovidiu Berca, Phillip Sullivan, Chris File

3<sup>rd</sup> Sunday : Jackson Wright, Alex Shah, Alex Genevezos, Michael Beebe

4<sup>th</sup> Sunday : Luca Tudora, James Seals, Alex Genevesos, Alex Shah

5<sup>th</sup> Sunday: Michael Beebe, James Seals, Philip Sullivan, Ovi Berca

COFFEE HOUR HOST  
SCHEDULE

1<sup>st</sup> Sun.: Dr. and Mrs. Chris Yiantsou

2<sup>nd</sup> Sun: Philoptochos

3<sup>rd</sup> Sun: Parish Council

4<sup>th</sup> Sun: Ageless Wonders

5<sup>th</sup> Sun: Parish Council (If Applicable)

COFFEE HOUR DUTIES

**SETUP**

Arrange pastries/food in a desirable manner on the appropriate tables in the parish hall.

You are responsible for making the coffee. Make two pots: one regular, one decaf. Plug in be-



fore going into church. The instructions are in the kitchen.

Prepare a tray with sugar, creamer, sugar substitute, mixing straws, a few spoons. Set with trash bucket.

Put donation basket out with appropriate sign.

**CLEAN UP**













Wash all dishes soiled, including coffee pots.

Return sugar tray to kitchen and replenish it.

Wash off hall tables and kitchen counters.

Thank-You

**St. John the Baptist Greek Orthodox Church**  
**February 2011**

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
			 <i>Presentation of our Lord in the Temple</i> Divine Liturgy 6:00 AM Paraklesis 6:00PM		+	<i>Great Vespers</i> 6:00PM
6	7	8	9	10	11	12
<i>Sunday of the Canaanite</i> Orthros 8:30 AM Divine Liturgy 9:30 AM			+			<i>Great Vespers</i> 6:00PM
13	14	15	16	17	18	19
<i>Sunday of the Publican and the Pharisee</i> <i>(Triodion begins)</i> Orthros 8:30 AM Divine Liturgy 9:30 AM			 Paraklesis 6:00PM			<i>Festival of Orthodoxy</i> 8AM-5PM <i>Holy Trinity Dallas</i>  <i>Great Vespers</i> 6:00PM
20	21	22	23	24	25	26
<i>Sunday of the Prodigal Son</i> Orthros 8:30 AM Divine Liturgy 9:30 AM <i>Philoptochos Meeting</i>			+		+	<i>Saturday of Souls</i> Orthros 8:30 AM Divine Liturgy 9:30 AM Memorial Service 10:30 AM <i>Great Vespers</i> 6:00PM
27	28					
<i>Judgement Sunday (Meatfare)</i> Orthros 8:30 AM Divine Liturgy 9:30 AM <i>General Assembly Meeting</i>		<i>Dates to Remember</i>				
		+ Strict Fast	 Fish	 Dairy, Eggs, Fish	 Fast Free	 Wine & Oil



**ST. JOHN THE BAPTIST  
GREEK ORTHODOX CHURCH**

303 Cullum Dr.  
Euless, TX 76040  
Tel 817 283-2291

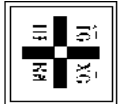
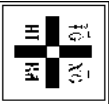
Return Service Requested

NONPROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
EULESS, TEXAS  
PERMIT NO. 18

Sponsorship for This Month's Forerunner



**WE'RE ON THE WEB AT  
[HTTP://STJOHNDFW.INFO](http://stjohndfw.info)**



**THE FORERUNNER**

VOL. XXVII NO. 2-February 2011



February 2nd  
Presentation of our Lord in the Temple

